



PEOPLEMAKING

Mental Health and Life Issues Books and Resources

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BOOKS AND RESOURCES USEFUL FOR MARRIAGE RELATIONSHIP EDUCATION

Books	Main Author/s	Price
10 Lessons to transform your marriage	Gottman	24.00
12 hours to a great marriage	Markman, Stanley	27.00
7 Things he'll never tell you	Leman	28.00
Affairs: a guide to working through the repercussions of infidelity	Brown	42.95
After the affair: repercussions of infidelity	Abrahms	27.95
Alone together: making an Asperger marriage work	Bentley	36.95
An Asperger marriage	Slater-Walke	35.95
And Baby makes three: the six-step plan for preserving marital intimacy and rekindling romance after the baby arrives	Gottman	28.00
Asperger Syndrome and long term relationships	Stanford	38.95
Aspergers in love: couple relationships and family affairs	Aston	39.95
Attachment processes in couple and family therapy	Johnson	69.00
Becoming an emotionally focused couple therapist	Johnson	60.00
Becoming parents: how to strengthen your marriage as your family grows	Jordan, Stanley, Markman	37.95
Brief therapy homework planner	Jongsma	89.95
Brief therapy with couples	Gilbert	110.00
But he says he loves me: how to avoid being trapped in a manipulative relationship	McMillan	24.95
Can we Dance? Learning the steps for a fulfilling relationship	Alexander	40.00
Complete idiot's guide to perfect marriage	Hilary, Kravitz	32.95
Couple skills: making your relationship work	McKay, Fanning	35.00
Couple's sexual awareness	McCarthy	30.00
Crowded nest: surviving the new togetherness	Jackson	24.95
Dance of anger	Lerner	26.95
Dance of connection	Lerner	32.95
Dance of deception	Lerner	29.95
Dance of fear	Lerner	26.95
Dance of intimacy	Lerner	32.95
Discovering your couple sexual style: the key to sexual satisfaction	McCarthy	36.00
Emotional affair: how to recognize emotional infidelity and what to do about it	Potter-Efron	34.00
Facilitating empowerment: a handbook for facilitators, trainers & individuals	Hogan	60.00
Facilitating multicultural groups	Hogan	85.00
Family ties that bind	Richardson	22.95
Fighting for your marriage	Markman, Stanley	28.95
Five good minutes with the one you love: 100 mindful practices to deepen and renew your love every day	Brantley, Millstine	30.00
Five love languages	Chapman	19.95
Five love languages of apology	Chapman	36.00
Forgiveness and other acts of love	Dowrick	24.95
Four seasons of a marriage	Chapman	28.00
Getting it right the first time	McCarthy	40.00
Getting it right this time	McCarthy	40.00
Getting past the affair: a program to help you cope, heal, and move on – together or apart	Snyder	34.95
Getting the love you want workbook	Hendrix, Hunt	32.95
Getting the love you want: a guide for couples	Hendrix, Hunt	30.00
Good loving great sex	King	24.95
High-conflict couple: a dialectical behaviour therapy guide to finding peace, intimacy, and validation	Fruzzetti	32.00
His needs her needs: building an affair-proof marriage	Harley	24.95
Hope-focused marriage counselling: a guide to brief therapy	Worthington	48.00
How can I forgive you? The courage to forgive, the freedom not to	Abrahms	28.00
How can I get through to you: closing the intimacy gap between men and women	Read	30.00

IMAGO relationship therapy	Hendrix	53.95
Infidelity: a survival guide	Lusterman	35.00
Intentional family: simple rituals to strengthen family ties, Bill Doherty	Doherty	28.00
Introvert & extrovert in love: making it work when opposites attract	Laney	
It's so hard to love you: staying sane when your loved one is manipulative, needy, dishonest, or addicted	Klatte, Thompson	30.00
Love is not for cowards: How to understand your past and transform your relationship	Weber	24.95
Loving Mr Spock; understanding an aloof lover	Jacobs	35.95
Marriage clinic	Gottman	79.95
Marriage clinic casebook	Gottman	69.95
Mindful couple: how acceptance and mindfulness can lead you to the love you want	Walser, Westrup	32.00
New rules of marriage: A breakthrough program for 21 st century relationships	Real	30.00
Other half of Asperger Syndrome: a guide to living in an intimate relationship with a partner who has Asperger Syndrome	Aston	22.00
Passionate marriage: keeping love and intimacy alive in committed relationships	Schnarch	29.95
Perfectly funny marriage: a humorous view of creating a successful marriage	Alexander	22.00
Power of commitment	Stanley	27.95
Practical facilitation	Hogan	75.00
Practice of emotionally focused couple therapy	Johnson	80.00
Proper care and feeding of marriage	Schlessinger	28.00
Pure gold: encouraging character qualities in marriage	Alexander	30.00
Really relating	Jansen	24.95
Rebuilding workbook: when your relationship ends	Fisher	28.00
Rebuilding: when your relationship ends	Fisher	32.95
Reconcilable differences	Christensen	38.95
Rekindling desire	McCarthy	40.00
Relationship cure	Gottman	28.00
Resurrecting sex: Solving Sexual Problems and Revolutionizing Your Relationship	Schnarch	28.00
Secrets of happily married men	Haltzman	24.95
Secrets of happily married women	Haltzman	24.95
Self-esteem	McKay, Fanning	32.00
Self-esteem workbook	Schiraldi	38.00
Seven levels of intimacy	Kelly	30.00
Seven principles for making marriage work	Gottmann	28.00
Sourcebook of family theories and methods: a contextual approach	Doherty	POA
Stop running from love	Miller	32.00
Surviving infidelity 3 Steps to Overcoming Emotional Distancing & Fear of Intimacy	Subotnik	25.95
Take back your marriage: sticking together in a world that pulls us apart	William Doherty	31.95
Understanding facilitation	Hogan	60.00
Understanding the women in your life	Gunther	24.95
What happy couples do: the loving little rituals of romance	Bruess, Kudak	28.00
Why marriages succeed or fail	Gottman	28.00
Why talking is not enough: 8 loving actions that will transform your marriage	Page	35.95
Why women talk and men walk: how to improve your relationship without discussing it	Love, Stosny	32.95
You and me equals we	Rosemary Tilley	24.95
Resources		
Art of Conversation Cards		24.95
Bears – Cards		49.50
Strength Cards		49.50
Strengths in a Box		88.00
Views from the Verandah		49.50

Prices correct as at Feb 2009 but might vary slightly with movements in exchange rates

All available from



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