

NO WORRIES? Helping Anxious Kids

**JULY- AUG
DATES**

For Parents, Teachers, Counsellors

A two hour session at our Camberwell address

Saturday, 25th July, 10.00 am - 12.00 pm or

Monday, 27th July, 6.30 -8.30 pm

Saturday, 15th or 22nd August, 10 am - 12.00 pm or

Monday, 17th August, 6.30 - 8.30 pm

BOOKINGS ARE ESSENTIAL

GROUP SIZE LIMITED

Cost **\$25.00** pp

Presented by

Don Grose, psychologist

Rosemary Allen, teacher and librarian



BOOK A SESSION NOW

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Professional Development for your School's Staff

What skills and strategies can we teach children now so that they know how to cope with anxiety throughout their lives?

What can we do to help children currently in the grip of anxiety to reduce their level of anxiety?

What resources including stories, books, workbooks and card sets are useful, and why?



One or Two Hour Session Times
Contact us for details and costs

ABN 48 516 535 291